

# THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

Volume XXI

Number 40

## 1 / 14 June 2020 FIRST SUNDAY AFTER PENTECOST SUNDAY OF ALL SAINTS

### SCHEDULE OF SERVICES THISWEEK

#### 1ST SUNDAY AFTER PENTECOST (Tone 8)

##### Sunday of All Saints

*Saturday, 13 June (31 May, n.s.)*

6:00 PM Vigil Service;  
Confessions

*Sunday, 14 June (1 June, n.s.)*

9:10 AM Third and Sixth Hours  
9:30 AM Divine Liturgy

#### 2ND SUNDAY AFTER PENTECOST (Tone 1)

##### Sunday of All Saints of Russia

*Saturday, 13 June (31 May, n.s.)*

6:00 PM Vigil Service;  
Confessions

*Sunday, 14 June (1 June, n.s.)*

9:10 AM Third and Sixth Hours  
9:30 AM Divine Liturgy



### SCRIPTURE READINGS Week of 14 June

<i>Su</i>	<b>1st Sunday after Pentecost: Sunday of All Saints</b>	
	<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
	<i>1st Resurrectional Matins Gospel:</i> Mt §116 [28:16-20]	
	Heb. §330 (11:33-12:2a)	Mt §38 (10:32-33, 37-38; 19:27-30)
<b>2ND WEEK after PENTECOST</b>		
<i>M</i>	Rom. §83 (2:28-3:18)	Mt §19 (6:31-34;7:9-11)
<i>Tu</i>	Rom. §86 (4:4-12)	Mt §22 (7:15-21)
<i>W</i>	Rom. §87 (4:13-25)	Mt §23 (7:21-23)
<i>Th</i>	Rom. §89 (5:10-16)	Mt §27 (8:23-27)
<i>F</i>	Rom. §90 (5:17-6:2)	Mt §31 (9:14-17)
<i>Sa</i>	Rom. §84 (3:19-26)	Mt §20 (7:1-8)
<i>Su</i>	<b>2nd Sunday after Pentecost: All Saints of Russia</b>	
	<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
	<i>2nd Resurrectional Matins Gospel:</i> Mark §70 (16:1-8)	
	Rom. §81a (2:10-16)	Mt §9 (4:18-23)
	Heb §330 (11:33-12:2a)	Mt §10 (4:25-5:12a)

### FASTING DAYS Week of 14 June

Day of Week	Date	Commemoration and Type of Fast
<i>Monday</i>	15 June (2 June, o.s.)	St Nicephorus of Constantinople Xerophagy ( <i>No oil</i> )
<i>Tuesday</i>	16 June (3 June, o.s.)	Martyr Lucillian & those with him Fast: Wine & Oil permitted
<i>Wednesday</i>	17 June (4 June, o.s.)	St Metrophanes of Constantinople Xerophagy ( <i>No oil</i> )
<i>Thursday</i>	18 June (5 June, o.s.)	Hieromartyr Dorotheus of Tyre Fast: Wine & Oil permitted
<i>Friday</i>	19 June (6 June, o.s.)	St Bessarion; St Hilarion Xerophagy ( <i>No oil</i> )
<i>Saturday</i>	20 June (7 June, o.s.)	Hieromartyr Theodotus of Ancyra Fast: Fish, Wine & Oil permitted
<i>Sunday</i>	21 June (8 June, o.s.)	Great-martyr Theodore the General Fast: Fish, Wine & Oil permitted

*At the direction of His Eminence, Metropolitan Hilarion,* St Elizabeth's Church is observing the restrictions of the civil authority which currently require us to have a gathering of no more the 25% of our normal capacity (up to 50 persons), which we conservatively estimate at this time to be twenty (20) persons. These people must be able to space themselves six (6) feet apart. Parishioners are asked to takes turns attending the services offered in church. Those unable to go to church are asked to pray at home.

**INDOORS LIMITED TO 25% OF CAPACITY TO A MAXIMUM OF 50 PEOPLE:** Lacking an objective measure of our capacity, the Parish Council has decided that 20 individuals in attendance is a good place to start and see how this works. The 20 includes 3 in the altar and 3 in the choir, allowing for 14 parishioners. Social distancing is still required, so the people inside the Church must be mindful to comply with social distancing – which remains at 6 feet. **(Please note, we do not mean 14 families... we mean 14 individuals, including children.)** Masks are respectfully encouraged – if you don't wear one for your own protection, please wear one for the protection of others.

**OUTDOOR ATTENDEES:** Meanwhile, since an unlimited number of people can be outside for the services according to the civil authority, we are looking into having simultaneous transmission of the service inside to a flat screen in the pavilion. A parishioner is giving a 50" flat screen to the parish, and another parishioner is letting us use

a camcorder, so we are hoping we can expand attendance to accommodate parishioners watching the services outside. Please note we have not yet tested this, so we ask your patience while we gather the necessary equipment and get more information. It will be available soon. If video is not available immediately, we hope to have a back-up solution in place, but it will likely be audio only.

**HOW TO SIGN-UP:** The Parish Council has looked at a software tool used by many churches called 'Sign-Up Genius'. With this tool we are able to fix capacity at 20 for inside the church, so the first 20 who register using the tool will be permitted inside (we can adjust the capacity as needed). All others are welcome to participate from the pavilion. The link for the St Elizabeth's Sign-Up Genius page is:

<https://www.signupgenius.com/go/904054aaaa82ba0f58-service>

**NAMEDAYS, BIRTHDAYS, and OTHER SPECIAL DAYS:** When someone has their Nameday, Birthday, Anniversary, or some other commemorative event, we ask that other parishioners allow that family to be inside the church that weekend. While we don't all know everyone's commemorative events, if a family has an event and has not been able to sign-up for inside attendance, we hope some inside family will be willing to trade places with the family observing a special day

**HONOR SYSTEM:** We ask that all families respect that they likely won't be able to get into the church every week. If a family has been inside recently, please allow a few weeks before you try to register to be inside the church again. Singles/couples might be able to get inside more often if the total registered is only 18 or 19. Also, if you sign-up, and something changes, please remove your name as soon as possible so someone else can take your position(s).

The Parish Council of the Orthodox Church of St Elizabeth the New Martyr, Rocky Hill, New Jersey

## THIS WEEK'S ANNOUNCEMENTS

**Many thanks to those who made donations** for greens to adorn the church on the Feast of Pentecost!

**Many thanks to those who worked hard** to decorate and clean the church for the Feast of Pentecost!

**Many Thanks to Sbdcn Justin & Anna Neidig** for the power washing of the pavilion and clean up of the church basement.

**A Special Collection for Holy Trinity Monastery** was taken last week at the services for Pentecost (Trinity Sunday) at the direction of Metropolitan Hilarion. The financial needs of the Monastery are great. If you have not yet given to this worthy cause, you may still contribute today.

**The Apostles' Fast begins tomorrow.** This Fast is also called the Fast of Ss Peter and Paul, or sometimes simply St Peter's Fast. It is the only one of the four Fasting periods

that is variable in length. It varies in length because, although the Fast always ends with the Feast of the Apostles Peter and Paul on 12 July (29 June, o.s.), it's initial day is the Monday following All Saint's Sunday, a day that varies with the movable date of Pascha. So the Apostles' Fast can vary in length from as little as eight days to as many as forty-two days, depending on whether Pascha falls late or early. The earliest date the Fast can begin is 31 May (18 May, o.s.), when Pascha falls on 4 April (22 March, o.s). The latest date the Fast can begin is 4 July (21 June, o.s.), when Pascha falls on 8 May (25 April, o.s.).

## THE APOSTLES' FAST

**The Apostles' Fast** begins on the Monday after Sunday of All Saints and lasts until the Feast of the holy Apostles Peter and Paul (29 June / 12 July). The Fast varies in length according to the date of Holy Pascha. By increased prayer, fasting, and almsgiving we prepare ourselves during the Fast to celebrate with joy the Feast of the holy Apostles. This Lent also enables us to restore somewhat the spiritual sobriety that perhaps diminished during the feasting of Paschaltide and Pentecost Week.

Russian and Greek practice differ slightly in the mitigation of fasting on certain days during the Nativity and Apostles' Fasts. We give here the usual Russian Rules of fasting during the Fast of the Holy Apostles:

We fast on *Mondays, Wednesdays, and Fridays* during the Saints Peter and Paul Lent as we should on other Wednesdays and Fridays of the year. We reduce the quantity of food we eat by taking small portions at meals and abstaining from all food between meals. The practice of the early Christians was to eat only one meal on a fast day and we would do well to imitate them. When we do eat, we reduce the quality of the food eaten by abstaining from meat, meat products, eggs, dairy products, fish, wine, and oil.

On the *Tuesdays and Thursdays* during this Lenten period, our fasting is less strenuous. We abstain from meat and other animal products, but wine and oil are permitted.

Because the occurrence of greater Saints' Days frequently brings a further mitigation of the fast from the general rules specified above, it is important to consult an annual Orthodox calendar to find the correct fasting regimen for a particular weekday.

On *Saturdays and Sundays* of the Apostles' Fast, fasting is further relaxed. Orthodox Christians eat no meat or other animal products on these days, but fish, wine, and oil are allowed.