

THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

Volume XXI

Number 03

16 / 29 September 2019

SUNDAY AFTER THE EXALTATION OF THE CROSS FIFTEENTH SUNDAY AFTER PENTECOST (*Tone 6*)

Afterfeast of the Exaltation of the Cross; Holy Greatmartyr Euphemia

SCHEDULE OF SERVICES THIS WEEK

SUNDAY AFTER THE EXALTATION (*Tone 6*)

Afterfeast of the Exaltation; GM Euphemia

Saturday, 28 September (15 September, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 29 September (16 September, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy
12:30 PM Annual Parish Picnic

16TH SUNDAY AFTER PENTECOST (*Tone 7*)

Conception of St John the Baptist

Saturday, 5 October (22 September, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 6 October (23 September, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy

SCRIPTURE READINGS

Week of 29 September

| | | |
|----------------------------------|---|---------------------|
| <i>Su</i> | Sunday after the Exaltation of the Cross | |
| | 15th Sunday after Pentecost | |
| | <i>4th Resurrectional Matins Gospel: Luke §112 (24:1-12)</i> | |
| | Gal. §203 (2:16-20) | Mark §37 (8:34-9:1) |
| | 2 Cor. §176 (4:6-15) | Mt §92 (22:35-46) |
| 16TH WEEK after PENTECOST | | |
| <i>M</i> | Gal. §211 (4:28-5:10) | Luke §10 (3:19-22) |
| <i>Tu</i> | Gal. §212 (5:11-21) | Luke §11 (3:23-4:1) |
| <i>W</i> | Gal. §214 (6:2-10) | Luke §12 (4:1-15) |
| <i>Th</i> | Eph. §216 (1:1-9) | Luke §13 (4:16-22a) |
| <i>F</i> | Eph. §217 (1:7-17) | Luke §14 (4:22-30) |
| <i>Sa</i> | 1 Cor. §146 (10:23-28) | Luke §15 (4:31-36) |
| <i>Su</i> | 16th Sunday after Pentecost | |
| | <i>5th Resurrectional Matins Gospel: Luke §113 (24:12-35)</i> | |
| | 2 Cor. §181 (6:1-10) | Luke §17 (5:1-11) |

FASTING DAYS Week of 29 September

| Day of Week | Date | Commemoration and Type of Fast |
|------------------|------------------------------|--|
| <i>Wednesday</i> | 2 October (19 Sept, o.s.) | MM Trophimus & those with him Xerophagy (<i>No oil</i>) |
| <i>Friday</i> | 4 October (21 Sept, o.s.) | Apodosis of Exaltation; St Dimitri Wine & Oil permitted |

THIS WEEK'S ANNOUNCEMENTS

This is the final Sunday for the special collection to benefit the Synodal Music Commission, which oversees the Synodal Church Singer's School and the organization of the Church Singer's Conferences. If you have already donated may the Lord bless you. If you have not, please consider giving today.

The Exaltation of the Cross is celebrated for the usual eight days, from the Feast Day itself through the *Apodosis* (Leave-taking) of the Feast on 4 October (n.s.). The troparion and kontakion of the Exaltation are chanted or read at all the services of the Church on each of the eight days. The texts for these hymns may be found in the *Jordanville Prayer Book*. To celebrate the Feast at home, the troparion of the Feast ('*Save, O Lord, Thy people...*') can be sung instead of the 'Our Father' before meals, while the kontakion of the Feast ('*O Thou Who wast lifted up willingly on the Cross...*') can be sung instead of the usual thanksgiving troparion after each meal. It would also be most appropriate to sing the troparion and kontakion of the Feast at the end of our morning and evening prayers at home.

St Elizabeth's Annual Picnic will today instead of our usual Sunday coffee hour. Please spend the afternoon with your fellow parishioners. It will be a great opportunity for Parish fellowship while we enjoy some great food. **We have again been invited to hold** our Parish Picnic at the home of the Yanovsky family at 10 Steele Drive, West Windsor, New Jersey. Many thanks to Inna & Ken!