

THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

WEEKLY BULLETIN

Volume XV

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SECOND SUNDAY OF GREAT LENT: ST GREGORY PALAMAS (Tone 5)

THIS WEEK AT ST ELIZABETH'S

2ND SUNDAY OF GREAT LENT (Tone 5)

St Gregory Palamas

Saturday, 15 March (2 March, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 16 March (3 March, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Trapeza (coffee hour)
12:00 PM Teenagers' 'Lunch with Father'

Thursday, 20 March (7 March, o.s.)

6:00 PM Daily Matins & First Hour;
Confessions
8:00 PM Adult Study

Friday, 21 March (8 March, o.s.)

8:15 AM Lenten Hours & Typika
9:30 AM Liturgy of the Presanctified
Gifts

3ED SUNDAY OF GREAT LENT (Tone 6)

Veneration of the Holy Cross

Saturday, 22 March (9 March, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 23 March (10 March, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Trapeza (coffee hour)

FASTING DAYS THIS WEEK

We are in the midst of the Great Lent. Therefore all the days of this week are fast days. Monday, Tuesday, Wednesday, Thursday, and Friday are normal fast days, with no fish, wine, or oil permitted. Next Saturday and Sunday, as on all weekends of Great Lent, wine and oil are also allowed.

SCRIPTURE READINGS THIS WEEK

2nd Sunday of the Great Fast: St Gregory Palamas		
2nd Sunday	5th Matins Gospel: Luke §113 (24:12-35)	
	Heb. §304 (1:10-2:3)	Mark §7 (2:1-12)
Saint	Heb. §318 (7:26-8:2)	John §36 (10:9-16)
THIRD WEEK OF THE GREAT FAST		
3rd Monday of Great Lent	Sixth Hour: Isaiah 8:13-9:7 Vespers: Genesis 6:9-22 • Proverbs 8:1-21	
3rd Tuesday of Great Lent	Sixth Hour: Isaiah 9:9-10:4 Vespers: Genesis 7:1-5 • Proverbs 8:32-9:11	
3rd Wednesday of Great Lent	Sixth Hour: Isaiah 10:12-20 Vespers: Genesis 7:6-9 • Proverbs 9:12-18	
3rd Thursday of Great Lent	Sixth Hour: Isaiah 11:10-12:2 Vespers: Genesis 7:11-8:3 • Proverbs 10:1-22	
3rd Friday of Great Lent	Sixth Hour: Isaiah 13:2-13 Vespers: Genesis 8:4-21 • Proverbs 10:31-11:12	
3rd Saturday of the Great Fast: Soul Saturday		
3rd Saturday	Heb. §325 (10:32-38a)	Mark §8 (2:14-17)
Soul Saturday	1 Cor. §163 (15:47-57)	John §16 (5:24-30)
3rd Sunday of the Great Fast: Veneration of the Cross		
3rd Sunday	6th Matins Gospel: Luke §114 (24:36-53)	
	Heb. §311 (4:14-5:6)	Mark §37 (8:34b-9:1)

NAMEDAYS, BIRTHDAYS & ANNIVERSARIES

LAST WEEK

Namedays – 13th (St John Cassian): Cassian O'Beirne.

Birthdays – 13th: Sarah Brangwynne.

THIS WEEK

Birthdays – 21st: Zydrune Ann Mladineo.

Wedding Anniversaries – 16th: Father David & Matushka Faith Straut (1979).

THE REST OF MARCH

Namedays – 26th (St Larisa): Larisa Kiyashko Brav;
30th (St Patrick of Ireland): William Patrick Brien.

Birthdays – 31st: Deacon Steven Barker.

Fallen Asleep in the Lord – 28th: Madeleine & Margaret Hotz.

THIS WEEK'S ANNOUNCEMENTS

St Elizabeth's Annual Meeting was held last Sunday. The Rector, Church Warden, Treasurer, Auditing Committee, and Building Committee presented year-in-review reports for the past year. The following parishioners were elected to the Parish Council for this year: Patrick Brien, Reader Philip Hotz, Jennifer Hotz, Matushka Anna Komleski, Reader Daniel Lieuwen, Reader Gregory Maxey, and Andrew O'Brien.

We will have a special collection for the Haiti Orthodox Mission of ROCOR at the Sunday Liturgies at St Elizabeth's during the month of March to provide the annual salary of one of our teachers in Haiti. A family in our parish will match the first \$900 raised by this collection. Please give generously.

Our Teenagers' 'Lunch with Father' is today. During coffee hour, the teenagers will sit with Father David at their own table for questions and answers, instruction, and spiritual conversation. All parents are encouraged to come to coffee hour with their teenage children so they may attend.

There will be a Moleben of Thanksgiving after trapeza (coffee hour) this afternoon. Today is Father David and Matushka Faith's 35th Wedding Anniversary and Noah Hotz recently the good news that he has received an ROTC scholarship for College. Doubtless there are others in the parish that would like to offer thanksgiving to God for blessings He has bestowed on them. All are welcome to pray at the Moleben.

There are many weekday services at St Elizabeth's during Great Lent. This means there are plenty of opportunities to increase our prayer while we are fasting. So please plan ahead and come to church more often this Lent!

The services of Matins and the First Hour will be served this Thursday evening at 6:00 o'clock. These services are good preparation for those planning to attend the Presanctified Liturgy on Friday morning and receive Holy Communion. The Mystery of Confession will also be available during the services. But even those who are unable to be present at the Presanctified the next morning will benefit from experiencing the 'bright sadness' and compunctionate hymnography that characterize the Lenten services.

There will be a short series of Adult Studies at St Elizabeth's on Thursday evenings during the remainder of the month of March. These Adult classes will focus on the three Old Testament Books that we read during the weekdays of Great Lent. The Adult Studies will begin about 8:00, when Matins concludes, and last for

about an hour. It is not necessary for those attending the Adult Study to have attended Matins, nor for those who have attended Matins to remain for the class

The Presanctified Liturgy will be served this week on Friday morning at 9:30AM. The Lenten Services of the Third, Sixth, and Ninth Hours with the Typika, which precede the Liturgy, will begin at 8:15AM.

It is our parish's practice that those who receive the Mystery of Confession before the Liturgy of one weekend are generally permitted to receive Holy Communion at the Liturgies of the following two weeks. Regular communicants will only have to go to Confession every other weekend. Should a grave sin be committed, Confession would, of course, be necessary before communing. A Spiritual Father may give a stricter or more relaxed rule for Confession. Always follow your Spiritual Father's guidance.

There are two Soul Saturdays during Great Lent this year. (There are usually three mid-lenten Soul Saturdays, but this coming Saturday is the Feast of the Forty Martyrs of Sebaste, which eclipses the usual commemoration of the departed this year.) The next Soul Saturday is in two weeks on 29 March.

We need donations for flowers to adorn the Cross on the Third Sunday of Great Lent. If you would like to make a donation for this, please place it in the collection basket, marked 'flowers.' You may include a Commemoration List with your donation.

A second printing of the Homilies of St Gregory Palamas is scheduled for release in April 2014. We will be offering this book through the church bookstore at a discounted price of \$55.00 (retail is \$79.95). If you would like a copy, please let Elizabeth Lieuwen know by Sunday, April 23rd. We know many Orthodox who covet the first edition of this book; St Gregory's words are full of light, beauty, encouragement, and can truly enlighten us in the ways of Christ.

The Prayer of St Ephraim the Syrian is said on weekdays of Great Lent at all services and in private prayer, from Sunday evening through Friday evening. The Prayer is a striking characteristic of the Lenten services. From Monday morning through Friday morning, it is said twice with three prostrations to the ground, twelve bows, and a final prostration. On Sunday and Friday evenings, it is said only once with three prostrations to the ground. The Prayer of St Ephraim is an excellent summary of what we all ought to be striving for in our spiritual life. It should be added to the end of our Morning and our Evening prayer rules.