

# THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

Volume XVII

Number 25

22 February / 6 March 2016

**SUNDAY OF THE LAST JUDGEMENT: MEATFARE SUNDAY (Tone 7)**

## THIS WEEK AT ST ELIZABETH'S

### MEATFARE SUNDAY (Tone 7)

#### *Saturday, 5 March (21 February o.s.)*

6:00 PM Vigil Service;  
Confessions

#### *Sunday, 6 March (22 February o.s.)*

9:10 AM Third and Sixth Hours  
9:30 AM Divine Liturgy;  
Trapeza (coffee hour)  
12:30 PM Adult Study

### CHEESEFARE SUNDAY (Tone 8)

#### *Saturday, 12 March (28 February o.s.)*

6:00 PM Vigil Service;  
Confessions

#### *Sunday, 13 March (29 February o.s.)*

9:10 AM Third and Sixth Hours  
9:30 AM Divine Liturgy  
11:15 PM Forgiveness Vespers  
Trapeza (coffee hour)

## NAMEDAYS, BIRTHDAYS & ANNIVERSARIES

### LAST WEEK

**Namedays** – Mar. 2nd (Great-Martyr Theodore the Tyro): Theodore Darenkov.

**Birthdays** – Feb. 28th: Seraphima Morrow; Mar. 3rd: Stefania Nagy.

### THE REST OF MARCH

**Namedays** – 13th (St John Cassian): Cassian O'Beirne; 23rd (Martyr Vasilissa): Vasilissa Seneko; 30th (St Patrick of Ireland): William Patrick Brien.

**Birthdays** – 13th: Sarah Brangwynne; 21st: Zydrune Ann Mladineo; 31st: Deacon Steven Barker.

**Baptism Anniversaries** – 20th: Matushka Faith Straut (1983).

**Wedding Anniversaries** – 16th: Father David & Matushka Faith Straut (1979).

**Fallen Asleep in the Lord** – 28th: Madeleine & Margaret Hotz.

## SCRIPTURE READINGS THIS WEEK

<i>Su</i>	<b>Meatfare Sunday: The Sunday of the Last Judgment</b>	
	<i>7th Resurrectional Matins Gospel: John §63 (20:1-10)</i>	
	1 Cor. §140 (8:8-9:2)	Matt. §106 (25:31-46)
	<b>36TH WEEK after PENTECOST (Cheesefare Week)</b>	
<i>M</i>	3 John §76 (1:1-14)	Luke §96 (19:29-40; 22:7-39)
<i>Tu</i>	Jude §77 (1-10)	Luke §109 (22:39-42, 45b-23:1)
<i>W</i>	<i>6th Hour: Joel 2:12-26</i>	<i>No Liturgy</i>

	<i>Vespers:</i> Joel 3:12-21	
Th	Jude §78 ((1:11-25)	Luke §110 (23:2-34, 44-56)
F	<i>6th Hour:</i> Zachariah 8:7-17	<i>No Liturgy</i>
	<i>Vespers:</i> Zachariah 8:19-23	
Sa	<b>Cheesefare Saturday: Commemoration of Holy Ascetics</b>	
	Rom. §115 (14:19-23;16:25-27)	Matt. §16 (6:1-13)
	Gal. §213 (5:22-6:2)	Matt. §43 (11:27-30)
Su	<b>Cheesefare Sunday: The Sunday of Forgiveness</b>	
	<i>Resurrectional Matins Gospel:</i>	
	Rom. §112 (13:11b-14:4)	Matt. §17 (6:14-21)

## FASTING DAYS THIS WEEK

**The third pre-lenten week of the Triodion**, the week beginning with the Monday after Meatfare Sunday and ending with Cheesefare Sunday, is called the ‘Week of Cheesefare.’ During this week meat is forbidden, but eggs, cheese and other dairy products may be eaten on all days, including Wednesday and Friday.

## THIS WEEK’S ANNOUNCEMENTS

**We congratulate Sbdcn Philip & Jennifer Mary Hotz** on their becoming Grandparents for the first time on 1 March 2016 when their daughter Victoria Elizabeth and son-in-law Rdr Nicolas Jackson had their first child, Eleanor Rose in Japan.

**We welcome the Kalish family at St Elizabeth’s** this weekend. Fr Kevin and Matushka Erin Marie were our parishioners for several years while he was a graduate student at Princeton University. Fr Kevin was our first parish deacon and is now a priest in the New England Deanery.

**This Month’s Parish Calendars are now available** at the candle desk at the back of the church. You may also view the Calendar on our parish Website: [www.saint-elizabeths.org](http://www.saint-elizabeths.org).

**Many thanks to Katya Darenkov** who provided *kolyva* (sweetened boiled wheat) for the Memorial Services fore Meatfare Soul Saturday.

**The annual special collection** for the Russian Ecclesiastical Mission in the Holy Land will be

taken at the Sunday Liturgies at St Elizabeth’s during the month of March. What we collect will be sent to the Synod of Bishops for the R.E.M. at Palm Sunday. This Palm Sunday collection is a major source of funding for our mission in the Holy Land, and some of us have had occasion to receive their hospitality. Please give generously.

**The Prayer of St Ephraim the Syrian** is said in the church services and in private prayer on Wednesday and Friday of this Cheesefare Week, as well as on the weekdays of Great Lent. It is a striking characteristic of Lenten services. It is said usually with three prostrations to the ground, twelve bows, and a final prostration:

O Lord and Master of my life, a spirit of idleness, despondency, lust of power, and idle talking give me not. *Prostration.*

But rather a spirit of chastity, humility, patience, and love bestow on me Thy servant. *Prostration.*

Yea, O Lord and King, grant me to see my own failings, and not to condemn my brother; for blessed art Thou unto the ages of ages. Amen. *Prostration.*

O God, cleanse me a sinner. *Twelve times with a reverence (bow from the waist) at each.*

*Then once more:* O Lord and Master of my life...(the entire prayer) *with a single prostration at the end.*

**Daylight Savings Time begins next Sunday**, the second Sunday of March. So please remember to set your clocks ahead one hour next Saturday evening, or you will be at church an hour late!

**The Hours and Divine Liturgy** will begin *at the usual times* next Sunday: Hours at 9:10 and the Divine Liturgy at 9:30.

**Next Sunday is Forgiveness Sunday.** Forgiveness Vespers will be immediately after the Divine Liturgy. Please plan to remain in church for this beautiful service, the first liturgical service of Great Lent. This Vespers service is called Forgiveness Vespers because there is a rite of mutual forgiveness at the conclusion of the service. This is our opportunity to ask each other’s forgiveness for any offence that we may have committed knowingly or unknowingly over the

past year, and so to begin Great Lent with a clean slate. The service is not very long, and it is very beautiful.

**Concerning Nuts:** The Apostle Paul commands us in his Epistle to the Galatians: 'Bear ye one another's burdens, and so fulfill the law of Christ.' (Galatians 6:2) Further on in this Epistle, he teaches us: 'For, brethren, ye have been called unto liberty; only use not liberty for an occasion of the flesh, but by love serve one another. For all the law is fulfilled in one word, even in this: "Thou shalt love thy neighbor as thyself."' (Galatians 5: 13-14) Love for our brothers and sisters in Christ goes hand in hand with our love for God Himself. As the Apostle John the Theologian writes in his First Epistle: 'If a man say, "I love God," and hateth his brother, he is a liar. For he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen? And this commandment we have from Him: that he who loveth God love his brother also.' (I John 4:20-21) One of our parishioners at St Elizabeth's has a very serious nut allergy, and parishioners are asked not to bring items containing nuts to trapeza (coffee hour). If you do bring something containing nuts, please label it accordingly and put it on a separate table away from the other foods.

review reports for the past year. Planning for the current year will also take place. Parishioner concerns will be heard. All voting members of the Parish are asked to attend.

**Those attending the Annual Meeting** are asked to bring a dish of food for the meal that will precede the Meeting. Please let Matushka know what you plan to bring.

**We have a few individuals and families** who regularly attend services at St Elizabeth's, and even confess and commune, but have not yet sought to become formal members of the Parish. If you are one of these and would like to be a formal member of the Parish, please speak to Fr David about this.

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## LOOKING AHEAD

**There will be a blessing of Icons at St Elizabeth's** at the conclusion of the Divine Liturgy on the First Sunday of Great Lent: the Sunday of the Triumph of Orthodoxy. Because this day is a celebration of the victory of the Orthodox Faith over the heresy of Iconoclasm, it is a very appropriate day for the sanctification of icons. If you have icons at home that have not yet been blessed, please bring them to church as soon as possible so that they can be placed in the altar to begin the process of sanctification that will be complete after the prayers of blessing on the First Sunday of the Fast.

**St Elizabeth's Annual Meeting** will be held on the third Sunday of March. The Rector, Church Warden, and Treasurer will present year-in-