

# THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

Volume XVII

Number 2

14 / 27 SEPTEMBER 2015

UNIVERSAL EXALTATION OF THE PRECIOUS & LIFE-GIVING CROSS

## THIS WEEK AT ST ELIZABETH'S

### EXALTATION OF THE CROSS

*Saturday, 26 September (13 September o.s.)*

6:00 PM Vigil Service;  
Confessions

*Sunday, 27 September (14 September, o.s.)*

9:10 AM Third and Sixth Hours  
9:30 AM Divine Liturgy;  
Trapeza (coffee hour)

### SUNDAY AFTER THE EXALTATION

*Saturday, 3 October (20 September o.s.)*

6:00 PM Vigil Service;  
Confessions

*Sunday, 4 October (21 September, o.s.)*

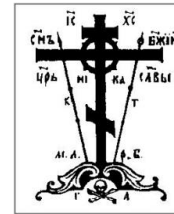
9:10 AM Third and Sixth Hours  
9:30 AM Divine Liturgy;  
Trapeza (coffee hour)

## SCRIPTURE READINGS THIS WEEK

Su		EXALTATION OF THE HOLY CROSS	
		<i>Vespers Paramia:</i> (1) Exodus 15:22-16:1a • (2) Proverbs 3:11-18 • (3) Isaiah 60:11-16	
		<i>Matins Gospel:</i> John §42a (12:28-36a)	
		1 Cor. §125 (1:18-24)	John §60 (19:6-11a, 13-20); §61 (25-28a, 30b-35a)
18TH WEEK after PENTECOST			
<i>M</i>		Eph. §227 (4:25-32)	Luke §10 (3:19-22)
<i>Tu</i>		Eph. §230 (5:20-26)	Luke §11 (3:23-4:1)
<i>W</i>		Eph. §231 (5:25-33a)	Luke §12 (4:1-15)
<i>Th</i>		Eph. §232 (5:33-6:9)	Luke §13 (4:16-22a)
<i>F</i>		Eph. §234 (6:18-24)	Luke §14 (4:22-30)
Sa			
		Saturday after the Exaltation of the Cross	
		1 Cor. §125a (1:26-29)	John §30 (8:21-30)
Sa			
		1 Cor. §162 (15:39-45)	Luke §15 (4:31-36)
Su			
		18th Sunday after Pentecost	
		<i>7th Resurrectional Matins Gospel:</i> John §63 (20:1-10)	
		2 Cor. §188 (9:6-11)	Matt. §62 (15:21-28)
Sunday after the Exaltation of the Cross			
		Gal. §203 (2:16-20)	Mark §37 (8:34-9:1)

## FASTING DAYS THIS WEEK

Day of Week	Date	Commemoration and Type of Fast
<i>Sunday</i>	27 September (14 Sept, o.s.)	EXALTATION OF THE CROSS Strict Fast: Wine & Oil permitted
<i>Wednesday</i>	30 September (17 Sept, o.s.)	MM Sophia, Faith, Hope, & Charity Normal Fast Day ( <i>No oil</i> )
<i>Friday</i>	2 October (19 Sept, o.s.)	Martyr Trophimus & those with him Normal Fast Day ( <i>No oil</i> )



## NAMEDAYS, BIRTHDAYS & ANNIVERSARIES

### LAST WEEK

**Namedays** – 22nd (St Anna): Anya Fitzgerald, Mat. Anna Komleski, Zydrune Ann Mladineo.

**Birthdays** – 20th: Claudia Maxey; 25th: Andrew Kostadis.

**Wedding Anniversaries** – 23rd: Peter & Zydrune Ann Mladineo.

### THIS WEEK

**Namedays** – Sept. 30th: (Martyr Sophia): Sofia Fitzgerald; 30th: (Martyr Faith): Mat. Faith Straut; 30th: (Martyr Hope): Nadezhda Sexton; Oct. 3rd (St Oleg of Briansk): Oleg Kostin.

**Birthdays** – 1st: Nikolai Darenkov.

### THE REST OF OCTOBER

**Namedays** – 9th (Apostle John the Theologian): John Whitacre; 11th (St Chariton): Hariton Bibas.

**Birthdays** – 4th: Ivan Darenkov; 23rd: Leana Brangwynne.

**Wedding Anniversaries** – 5th: James & Xenia Whitacre; 8th: John & Tatiana Morrow (1989); 16th: Oleg & Elena Kostin (1994); 27th: Reader Nicolas & Angelina Schidlovsky (2002).



## THIS WEEK'S ANNOUNCEMENTS

**Vladimir Yanovsky, the son of Inna and Ken Yanovsky** and the new brother to Vasily, Julianna, Daniel, and Tatiana, was baptized at St Elizabeth's Church on Saturday, 26 September 2015, just prior to the beginning of the Saturday evening Vigil Service. We congratulate the entire Yanovsky family on this most joyous event! Many Years!

**Many thanks to those who donated funds** to adorn the Cross and the church with flowers on the Feast of the Exaltation of the Holy Cross.

**Please take a look in the wardrobe in the narthex** and remove any garments belonging to you (Readers' cassocks excepted). There are many forgotten articles of clothing. At the end of September all remaining unclaimed garments will be donated to a thrift store to make room for parishioners' coats and jackets during the cold weather months.

**The Exaltation of the Holy and Life-giving Cross** (14 / 27 September) is one of the most important of the Twelve Great Feasts of the Orthodox Church. Its preeminence is demonstrated by the fact that a special Epistle and Gospel are appointed for the Saturday and Sunday both before and after the Feast, like the Great Feasts of Christmas and Theophany. This Feastday commemorates the finding of the True Cross by St Helena, the mother of St Constantine the Great, and various miracles associated with the True Cross throughout history. At the end of the Vigil service on the Eve of the Feast, the Holy Cross, adorned on a tray with flowers or basil, is brought out of the Altar in procession to the center of the church where it is venerated by the faithful.

**The Feast of the Exaltation of the Holy Cross** is also a fast day on whatever day it falls. On this day we glory in the Cross of Christ on Which He suffered for our salvation, but we also mourn our Saviour's terrible passion and death upon the Cross. Because it is a strict fast day, the Typikon appoints only one meal to be taken on this day, at which we abstain from all animal products and fish. In Russian practice wine and oil are always permitted on this day. In Greek practice, wine and oil are generally not permitted unless the Feast falls on a Saturday or Sunday.

**On Sundays and all Great Feasts of the Saviour**, we neither kneel nor make prostrations in our prayers at home or in services in church. This proscription against kneeling is from eve until evening, i.e. it begins at the prayer "Vouchsafe, O Lord..." at the Vigil on the eve and lasts until the same prayer at the Vespers on the evening of the Feast itself. The only exception to this rule is on the Feasts of the Cross (i.e. on the Feast of the Exaltation of the Cross on 14 / 27 September and on the Sunday of the Veneration of the Cross on the Third Sunday of the Great Fast) when we make prostrations before the Holy Cross

set out in the church. This exception underscores the great importance that the Holy Cross plays in our salvation.

**The Exaltation of the Cross is celebrated** for the usual eight days, from the Feastday itself through the *Apodosis* (Leave-taking) of the Feast on 4 October (n.s.). The troparion and kontakion of the Exaltation are chanted or read at all the services of the Church on each of the eight days. The texts for these hymns may be found in the *Jordanville Prayer Book*. To celebrate the Feast at home, the troparion of the Feast ('*Save, O Lord, Thy people...*') can be sung instead of the 'Our Father' before meals, while the kontakion of the Feast ('*O Thou Who wast lifted up willingly on the Cross...*') can be sung instead of the usual thanksgiving troparion after each meal. It would also be most appropriate to sing the troparion and kontakion of the Feast at the end of our morning and evening prayers at home.

**Concerning Confession and Holy Communion:** Those who have been to any time during the two weeks prior to Feast of the Exaltation of the Holy Cross, may receive Holy Communion on the Feast, provided that no serious sin has been committed which would require another Confession and that the other usual preparations for Holy Communion are observed (i.e. attendance of the Vigil Service the evening before Holy Communion, reading the Pre-Communion Prayers, and the forgiveness of others). Likewise, those who have been to Confession for Holy Cross Day may receive Holy Communion at the Liturgy the following two Sundays under the same conditions.

**During October we will have a Special Collection** to help cover our contribution to the Diocese of Eastern America and New York. All parishes are required to give ten percent of their regular income to the Diocese. This special collection will help to minimize the impact of our parish's obligation on our General Fund. Please give generously.

## LOOKING AHEAD

**Holy Virgin Protection Church in New Brunswick** is celebrating its Patronal Feast on 14 October (1 October, o.s). For those who would like to celebrate this important Feast of the Mother of God with our sister parish, their service schedule will be as follows: the Vigil Service will be served on the Eve of the Feast at 6 o'clock and the Hours and Holy Liturgy on the morning of the Feast at 9:00. Our parishioners should be aware that the divine services at Holy Protection Church are in Slavonic.

**Holy Virgin Protection Russian Orthodox Church** is located at 301 Handy Street in New Brunswick, New Jersey 08901-2942. For additional information, the parish's website is: <http://www.pokrovchurch.net>