

THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

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THE FOURTH SUNDAY AFTER PENTECOST (*Tone 3*) Holy Protomartyrs of China, Slain During the Boxer Rebellion

SERVICES THIS WEEK

4th SUNDAY after PENTECOST (*Tone 3*)

Holy Protomartyrs of China

Saturday, 23 June (10 June, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 24 June (11 June, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Coffee Hour

5th SUNDAY after PENTECOST (*Tone 4*)

Martyr Leontius of Phoenicia

Saturday, 30 June (17 June, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 1 July (18 June, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Coffee Hour

ST JOHN OF SAN FRANCISCO

Sunday, 1 July (18 June, o.s.)

6:00 PM Vigil Service;
Confessions

Monday, 2 July (19 June, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy

SCRIPTURE READINGS THIS WEEK Week of 24 June

Su	4th Sunday after Pentecost	
	<i>4th Resurrectional Matins Gospel: Luke §112 (24:1-12)</i>	
	Rom. §93 (6:18-23)	Matt. §25 (8:5-13)
5TH WEEK after PENTECOST		
M	Rom. §109 (12:4-5, 15-21)	Matt. §45 (12:9-13)
Tu	Rom. §114 (14:9-18)	Mt §46 (12:14-16, 22-30)
W	Rom. §117 (15:7-16)	Matt. §48 (12:38-45)
Th	Rom. §118 (15:17-29)	Matt. §49 (12:46-13:3a)
F	Rom. §120 (16:1-16)	Matt. §50 (13:3b-9)
Sa	Rom. §97 (8:14-21)	Matt. §30 (9:9-13)
Su	5th Sunday after Pentecost	
	<i>5th Resurrectional Matins Gospel: Luke §113 (24:12-35)</i>	
	Rom. §103 (10:1-10)	Matt. §28 (8:28-9:1)

FASTING DAYS THIS WEEK Week of 24 June

Day of Week	Date	Commemoration and Type of Fast
<i>Sunday</i>	24 June (11 June, o.s.)	Apostles Bartholomew & Barnabas Fast: fish, wine, & oil permitted
<i>Monday</i>	25 June (12 June, o.s.)	St Onuphrius; St Peter of Athos Normal Fast Day (<i>No oil</i>)
<i>Tuesday</i>	26 June (13 June, o.s.)	St Aquilina; St Triphyllius Fast: wine, & oil permitted
<i>Wednesday</i>	27 June (14 June, o.s.)	Prophet Elisha; St Methodius Normal Fast Day (<i>No oil</i>)
<i>Thursday</i>	28 June (15 June, o.s.)	St Jonah of Moscow Fast: fish, wine, & oil permitted
<i>Friday</i>	29 June (16 June, o.s.)	St Tychon of Amathus Normal Fast Day (<i>No oil</i>)
<i>Saturday</i>	30 June (17 June, o.s.)	Martyrs Manuel Sabel, & Ismael Fast: fish, wine, & oil permitted
<i>Sunday</i>	1 July (18 June, o.s.)	Martyr Leontius Fast: fish, wine, & oil permitted

THIS WEEK'S ANNOUNCEMENTS

A word on summer attire: Although it may be warm in the summer, we should continue to observe modesty and dignity in church. Men should wear long trousers and not shorts. It is not proper to attend church services in casual attire such as tee shirts and sneakers. At all times of the year women should wear skirts or dresses, not pants, and the skirts should be at least at knee length. Even in summer, women should have their heads covered, and should have sleeves (even if short) and not straps over their shoulders. This is a matter of respect for the House of God, and for the clear directives of the Holy Scriptures and of Church teaching. Fashion and personal preference should be subordinate to these.

We are in the midst of the Apostles Fast, which began on the Monday after All Saints' Sunday and continues until the Feast of Saints Peter and Paul on 12 July (n.s.). We eat no animal products (meat, meat products, eggs, and dairy products) throughout the forty days. The general rules for this period are as follows: Mondays, Wednesdays, and Fridays are normal fast days; on Tuesdays and Thursdays, wine and oil are permitted; and on Saturdays and Sundays we may eat fish, wine, and oil. But since greater Saints' Days frequently bring a further mitigation of the fast from the general rules, it is important to consult an annual Orthodox

calendar to find the correct fasting regimen for a particular weekday.