

THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

WEEKLY BULLETIN

Volume XIV

Number 42

17 / 30 June 2013
FIRST SUNDAY AFTER PENTECOST
Sunday of All Saints

THIS WEEK AT ST ELIZABETH'S

1st SUNDAY after PENTECOST: All Saints

Saturday, 29 June (16 June o.s.)

6:00 PM Vigil Service; Confessions

Sunday, 30 June (17 June o.s.)

9:10 AM Third and Sixth Hours

9:30 AM Divine Liturgy;
Trapeza (Coffee Hour)

ST JOHN OF SAN FRANCISCO

Monday, 1 July (18 June o.s.)

6:00 PM Vigil Service; Confessions

Tuesday, 2 July (19 June o.s.)

9:10 AM Third and Sixth Hours

9:30 AM Divine Liturgy

2nd SUNDAY after PENTECOST

NATIVITY OF ST JOHN THE BAPTIST

Saturday, 6 July (23 June o.s.)

6:00 PM Vigil Service; Confessions

Sunday, 7 June (24 June o.s.)

9:10 AM Third and Sixth Hours

9:30 AM Divine Liturgy;
Trapeza (Coffee Hour)

SCRIPTURE READINGS THIS WEEK

1st Sunday after Pentecost: Sunday of All Saints	
<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
<i>1st Resurrectional Matins Gospel:</i> Matt. §116 [28:16-20]	
Heb. §330 (11:33-12:2a)	Matt. §38 (10:32-33, 37-38; 19:27-30)
2ND WEEK after PENTECOST	
<i>M</i>	Rom. §83 (2:28-3:18) Matt §19 (6:31-34;7:9-11)
<i>Tu</i>	Rom. §86 (4:4-12) Matt. §22 (7:15-21)
<i>W</i>	Rom. §87 (4:13-25) Matt. §23 (7:21-23)
<i>Th</i>	Rom. §89 (5:10-16) Matt. §27 (8:23-27)
<i>F</i>	Rom. §90 (5:17-6:2) Matt. §31 (9:14-17)
<i>Sa</i>	Rom. §84 (3:19-26) Matt. §20 (7:1-8)
2nd Sunday after Pentecost: All Saints of Russia	
<i>2nd Resurrectional Matins Gospel:</i> Mark §70 (16:1-8)	
Rom. §81a (2:10-16)	Matt. §9 (4:18-23)
Nativity of St John the Baptist	
<i>Vespers Paramia:</i> (1) Genesis 17:15-17, 19; 18:11-14; 21:1-8 • (2) Judges 13:2-8, 13-14, 17-18, 21 • (3) Isaiah 40:1-3, 9; 41:17-18,45:8; 48:20-21; 54:1	
<i>Matins Gospel:</i> Luke §3 (1:24-25, 57-68, 76, 80)	
Rom. §112 (13:11b-14:4)	Luke § 1 (1:1-25, 57-68, 76, 80)

NAMEDAYS, BIRTHDAYS & ANNIVERSARIES

LAST WEEK

Birthdays – June 23rd: Joanna Kostin; 24th: Gabrielle Komleski.

THIS WEEK

Namedays – July 2nd (St John of San Francisco): Joanna Kostin, Johan Mladineo.

Birthdays – July 2nd: Sbdcn Stephanos Bibas, Brian Broderick, Matushka Faith Straut; 4th: Elizabeth Maxey.

THE REST OF JULY

Namedays – 12th (Apostle Peter): Dcn Peter Markevich, Peter Mladineo; 12th (Apostle Paul): Cliff Paul Brangwynne; 14th (St Angelina of Serbia): Angelina Schidlovsky; 18th (St Elizabeth the New-Martyr): Elizabeth Bibas; Victoria Elizabeth Jackson, Elizabeth Maxey; 24th (St Olga): Olga Welsh; 25th (St Veronica): Veronica Whitacre; 26th (Archangel

FASTING DAYS THIS WEEK

Day of Week	Date	Commemoration and Type of Fast
<i>Monday</i>	1 July (18 June, o.s.)	Martyr Leontius Normal Fast Day (<i>No oil</i>)
<i>Tuesday</i>	2 July (19 June, o.s.)	Apostle Jude; St John of Shanghai Fast: fish, wine, & oil permitted
<i>Wednesday</i>	3 July (20 June, o.s.)	Hieromartyr Methodius Normal Fast Day (<i>No oil</i>)
<i>Thursday</i>	4 July (21 June, o.s.)	Martyr Julian of Tarsus Fast: fwine, & oil permitted
<i>Friday</i>	5 July (22 June, o.s.)	Martyr Eusebius Normal Fast Day (<i>No oil</i>)
<i>Saturday</i>	6 July (23 June, o.s.)	'Vladimir' Icon of the Theotokos Fast: fish, wine, & oil permitted
<i>Sunday</i>	7 July (24 June, o.s.)	Nativity of St John the Baptist Fast: fish, wine, & oil permitted

Gabriel): Gabriel O'Brien; 29th (Martyr Valentina): Valentina Babitsch.

Birthdays – 8th: Nicolas Straut, Gregory Welsh; 11th: Father David Straut; 15th: Veronica Whitacre; 22nd: Juliana Bibas; 29th: Jennifer Mary Hotz.

Wedding Anniversaries – 8th: Dcn Seraphim & Mat. Anna Gail Komleski (1989); 9th: Dcn Steven Barker & Mat. Nancy Hannah Barker; 22nd: Cliff & Sarah Brangwynne (2007).

Ordination Anniversaries – 13th: Father David Straut (Holy Priesthood, 1986); 18th: Dcn Seraphim Komleski (Holy Diaconate, 2011).

Fallen Asleep in the Lord – 18th: Barbara Tutolo (+2005).

THIS WEEK'S ANNOUNCEMENTS

The Apostles' Fast begins tomorrow. This Fast is also called the Fast of Ss Peter and Paul, or sometimes simply St Peter's Fast. It is the only one of the four Fasting periods that is variable in length. It varies in length because, although the Fast always ends with the Feast of the Apostles Peter and Paul on 12 July (29 June, o.s.), its initial day is the Monday following All Saint's Sunday, a day that varies with the movable date of Pascha. So the Apostles' Fast can vary in length from as little as eight days to as many as forty-two days, depending on whether Pascha falls late or early. The earliest date the Fast can begin is 31 May (18 May, o.s.), when Pascha falls on 4 April (22 March, o.s). The latest date the Fast can begin is 4 July (21 June, o.s.), when Pascha falls on 8 May (25 April, o.s.). This year's Apostles' Fast is eleven days long.

The Feast of the Nativity of St John the Baptist (24 June / 7 July), though not one of the Twelve Great Feasts, is nonetheless a very important Holy Day in the Church Calendar. The Feast falls this year on next Sunday. It commemorates the birth of the Saviour's Forerunner, of whom our Lord said, "Verily I say unto you, among them that are born of women, there hath not risen a greater than John the Baptist..." (St Matthew 11:11) St John the Baptist's holy birth was miraculous. His parents, Ss Zacharias and Elisabeth, were advanced in age when the Archangel Gabriel announced that Elisabeth would bear a son, though she had been barren. And this came to pass as the Archangel had foretold.

Our Parish's Patronal Feast, honouring our heavenly Intercessor, St Elizabeth the New-Martyr, is on Thursday, 18 July (5 July, o.s.). The Vigil Service will be served at 6 PM on Wednesday, July 17th, and the Divine Liturgy at 9:30 AM on the Feastday itself.

Please reserve these dates so you can attend services for our Parish Feastday.

Parishioners are asked to make monetary donations for food for the Festal Meal on St Elizabeth's Day. This year we are hoping that each family in the Parish will contribute a small amount of money so that we can buy ready-made food and beverages to have at our Festal Trapeza. Please put your donations marked "Feast Day" in the regular church basket.

THE APOSTLES' FAST

The Apostles' Fast begins on the Monday after Sunday of All Saints and lasts until the Feast of the holy Apostles Peter and Paul (29 June / 12 July). The Fast varies in length according to the date of Holy Pascha. By increased prayer, fasting, and almsgiving we prepare ourselves during the Fast to celebrate with joy the Feast of the holy Apostles. This Lent also enables us to restore somewhat the spiritual sobriety that perhaps diminished during the feasting of Paschaltide and Pentecost Week.

Russian and Greek practice differ slightly in the mitigation of fasting on certain days during the Nativity and Apostles' Fasts. We give here the usual Russian Rules of fasting during the Fast of the Holy Apostles:

We fast on *Mondays, Wednesdays, and Fridays* during the Saints Peter and Paul Lent as we should on other Wednesdays and Fridays of the year. We reduce the quantity of food we eat by taking small portions at meals and abstaining from all food between meals. The practice of the early Christians was to eat only one meal on a fast day and we would do well to imitate them. When we do eat, we reduce the quality of the food eaten by abstaining from meat, meat products, eggs, dairy products, fish, wine, and oil.

On the *Tuesdays and Thursdays* during this Lenten period, our fasting is less strenuous. We abstain from meat and other animal products, but wine and oil are permitted.

Because the occurrence of greater Saints' Days frequently brings a further mitigation of the fast from the general rules specified above, it is important to consult an annual Orthodox calendar to find the correct fasting regimen for a particular weekday.

On *Saturdays and Sundays* of the Apostles' Fast, fasting is further relaxed. Orthodox Christians eat no meat or other animal products on these days, but fish, wine, and oil are allowed.