

# THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

## WEEKLY BULLETIN

Volume XV

Number 24

10 / 23 February 2014  
SUNDAY OF THE LAST JUDGEMENT (*Tone 2*)

### THIS WEEK AT ST ELIZABETH'S

#### **MEATFARE SUNDAY** (*Tone 2*)

**Saturday, 22 February (9 February o.s.)**

6:00 PM Vigil Service;  
Confessions

**Sunday, 23 February (10 February o.s.)**

9:10 AM Third and Sixth Hours  
9:30 AM Divine Liturgy  
Trapeza (coffee hour)

#### **CHEESEFARE SUNDAY** (*Tone 3*)

**Saturday, 1 March (16 February o.s.)**

6:00 PM Vigil Service;  
Confessions

**Sunday, 2 March (17 February o.s.)**

8:40 AM Third and Sixth Hours  
9:00 AM Divine Liturgy  
Trapeza (coffee hour)

### SCRIPTURE READINGS THIS WEEK

Su	<b>Meatfare Sunday: The Sunday of the Last Judgment</b>	
	<i>Resurrectional Matins Gospel:</i>	
	1 Cor. §140 (8:8-9:2)	Matt. §106 (25:31-46)
<b>36TH WEEK after PENTECOST (Cheesefare Week)</b>		
M	3 John §76 (1:1-14)	Luke §96 (19:29-40; 22:7-39)
Tu	Jude §77 (1-10)	Luke §109 (22:39-42, 45b-23:1)
W	6th Hour: Joel 2:12-26	No Liturgy
	Vespers: Joel 3:12-21	
Th	Jude §78 ((1:11-25)	Luke §110 (23:2-34, 44-56)
F	6th Hour: Zachariah 8:7-17	No Liturgy
	Vespers: Zachariah 8:19-23	
Sa	<b>Cheesefare Saturday: Commemoration of Holy Ascetics</b>	
	Rom. §115 (14:19-23;16:25-27)	Matt. §16 (6:1-13)
	Gal. §213 (5:22-6:2)	Matt. §43 (11:27-30)
Su	<b>Cheesefare Sunday: The Sunday of Forgiveness</b>	
	<i>Resurrectional Matins Gospel:</i>	
	Rom. §112 (13:11b-14:4)	Matt. §17 (6:14-21)

### NAMEDAYS, BIRTHDAYS & ANNIVERSARIES

#### LAST WEEK

**Birthdays** – 20th: Daniel Palko.

#### THIS WEEK

**Namedays** – 25th (St Alexis of Moscow): Alexei Darenkov.

**Birthdays** –24th: Frank Fitzgerald; 26th: Elena Kostin; 27th: Nadezhda Sexton; 28th: Seraphima Morrow.

#### MARCH

**Namedays** – 2nd (Great-Martyr Theodore the Tyro): Theodore Darenkov; 13th (St John Cassian): Cassian O'Beirne; 26th (St Larisa): Larisa Kiyashko Brav; 30th (St Patrick of Ireland): William Patrick Brien.

**Birthdays** – 13th: Sarah Brangwynne; 21st: Zydrune Ann Mladineo; 31st: Deacon Steven Barker.

**Baptism Anniversaries** – 8th: Patricia Brigid Barker (2009).

**Wedding Anniversaries** – 16th: Father David & Matushka Faith Straut (1979).

**Fallen Asleep in the Lord** – 28th: Madeleine & Margaret Hotz.

### FASTING DAYS THIS WEEK

The third pre-lenten week of the Triodion, the week beginning with the Monday after Meatfare Sunday and ending with Cheesefare Sunday, is called the 'Week of Cheesefare.' During this week meat is forbidden, but eggs, cheese and other dairy products may be eaten on all days, including Wednesday and Friday.

### THIS WEEK'S ANNOUNCEMENTS

The Prayer of St Ephraim the Syrian is said in the church services and in private prayer on Wednesday and Friday of this Cheesefare Week, as well as on the weekdays of Great Lent. It is a striking characteristic of Lenten services. It is said usually with three prostrations to the ground, twelve bows, and a final prostration:

O Lord and Master of my life, a spirit of idleness, despondency, lust of power, and idle talking give me not. *Prostration.*

But rather a spirit of chastity, humility, patience, and love bestow on me Thy servant. *Prostration.*

Yea, O Lord and King, grant me to see my own failings, and not to condemn my brother; for blessed art Thou unto the ages of ages. Amen. *Prostration.*

O God, cleanse me a sinner. *Twelve times with a reverence (bow from the waist) at each.*

*Then once more: O Lord and Master of my life...(the entire prayer) with a single prostration at the end.*

**Next Sunday is Forgiveness Sunday.** Forgiveness Vespers will be immediately after the Divine Liturgy. Please plan to remain in church for this beautiful service, the first liturgical service of Great Lent. This Vespers service is called Forgiveness Vespers because there is a rite of mutual forgiveness at the conclusion of the service. This is our opportunity to ask each other's forgiveness for any offence that we may have committed knowingly or unknowingly over the past year, and so to begin Great Lent with a clean slate. The service is not very long, and it is very beautiful.

**The Hours and the Holy Liturgy** will be served a half hour early next Sunday morning. As in previous years, we begin the services early on Cheesefare Sunday to make it easier for people to remain for Forgiveness Vespers on that day.

**There will be a blessing of Icons at St Elizabeth's** at the conclusion of the Divine Liturgy on the First Sunday of Great Lent: the Sunday of the Triumph of Orthodoxy. Because this day is a celebration of the victory of the Orthodox Faith over the heresy of Iconoclasm, it is a very appropriate day for the sanctification of icons. If you have icons at home that have not yet been blessed, please bring them to church as soon as possible so that they can be placed in the altar to begin the process of sanctification that will be complete after the prayers of blessing on the First Sunday of the Fast.

book table. Read on to learn of three of the wonderful books we have for sale!

Great Lent is often a time when we are looking for a book to read that will help and encourage us as Christians and as Orthodox Christians. There are a few books in our kiosk that are wonderful choices for this reading!

### ***The Scent of Holiness***

This book, written by Matushka Constantina Palmer, who lived in Greece for 5 years, and spent a significant amount of time at some women's monasteries there. *The Scent of Holiness* contains lessons she learned from the nuns and the time she spent in convents. It is a delightfully easy book to read and one that I found to be very encouraging. I think we can forget that our Saviour Jesus Christ teaches us how to live the Christian life in love. This book is a very kind and loving as it teaches and inspires us how we too can live as Christians. Wonderful and inspiring Lenten reading! When I read it I found I could not put it down!

### ***Royal Monastic: Princess Ileana of Romania***

The beginning publisher's blurb for this book says: "The life of a princess is not all glamour, handsome princes, and beautiful clothes. It is also devotion to duty, sacrifice for your people, and a lot of just plain hard work." *Royal Monastic* is a well done biography on Princess Ileana of Romania, who later became Mother Alexandra, the foundress of Holy Transfiguration Monastery in Ellwood City, Pennsylvania. This book shows how through many trials and sufferings, God can still be with us and bring beauty and goodness into our lives, bringing salvation and blessings to us and to many surrounding us.

### ***Wounded By Love: The Life and Wisdom of Elder Porphyrios***

One of my friends said this book transformed his life. I have talked with parents who said that reading this book, including the chapter on the upbringing of children, changed their approach to parenting completely. Elder Porphyrios is now Saint Porphyrios and his gentle words, his humility and deep compassion for those who sought his help, along with his deep and abiding faithfulness to the Orthodox Church, make this book wonderful spiritual reading to encourage and instruct us. I cannot praise this book and Elder Porphyrios enough! God is wonderful in His Saints!

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## Book Sale



By Elizabeth Lieuwen

We are hoping to have a book sale during coffee hour of various Orthodox books for both children and adults. This sale will happen, God willing, in the next week or two, with Elizabeth Lieuwen manning the