

THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

WEEKLY BULLETIN

Volume XVI

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SECOND SUNDAY AFTER PENTECOST

Sunday of All the Saints Who Have Shown Forth in the Russian Land

THIS WEEK AT ST ELIZABETH'S

2nd SUNDAY after PENTECOST: All Saints of Russia

Saturday, 13 June (31 May, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 14 June (1 June, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Trapeza (coffee hour)
12:00 PM Parish Council Meeting

3rd SUNDAY after PENTECOST: All Saints of America

Saturday, 20 June (1 June, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 21 June (8 June, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Trapeza (coffee hour)

FASTING DAYS THIS WEEK

Day of Week	Date	Commemoration and Type of Fast
<i>Sunday</i>	14 June (1 June, o.s.)	St Justin the Philosopher Fast: fish, wine, & oil permitted
<i>Monday</i>	15 June (2 June, o.s.)	St Nicephorus Normal Fast Day (<i>No oil</i>)
<i>Tuesday</i>	16 June (3 June, o.s.)	Martyr Lucillian & those with him Fast: wine & oil permitted
<i>Wednesday</i>	17 June (4 June, o.s.)	St Metrophanes Normal Fast Day (<i>No oil</i>)
<i>Thursday</i>	18 June (5 June, o.s.)	Hieromartyr Dorotheus of Tyre Fast: wine & oil permitted
<i>Friday</i>	19 June (6 June, o.s.)	St Bessarion; St Hilarion Normal Fast Day (<i>No oil</i>)
<i>Saturday</i>	20 June (7 June, o.s.)	Hieromartyr Theodotus of Ancyra Fast: fish, wine, & oil permitted
<i>Sunday</i>	21 June (8 June, o.s.)	Great-martyr Theodore the General Fast: fish, wine, & oil permitted

SCRIPTURE READINGS THIS WEEK

<i>Su</i>	2nd Sunday after Pentecost: All Saints of Russia	
	<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
	<i>2nd Resurrectional Matins Gospel:</i> Mark §70 (16:1-8)	
	Rom. §81a (2:10-16)	Matt. §9 (4:18-23)
	Heb §330 (11:33-12:2a)	Mt §10 (4:25-5:12a)
3RD WEEK after PENTECOST		
<i>M</i>	Rom. §94 (7:1-13)	Matt. §34 (9:36-10:8)
<i>Tu</i>	Rom. §95 (7:14-8:2)	Matt. §35 (10:9-15)
<i>W</i>	Rom. §96 (8:2-13)	Matt. §36 (10:16-22)
<i>Th</i>	Rom. §98 (8:22-27)	Matt. §37 (10:23-31)
<i>F</i>	Rom. §101 (9:6-19)	Mt §38 (10:32-36; 11:1)
<i>Sa</i>	Rom. §85 (3:28-4:3)	Matt. §24 (7:24-8:4)
<i>Su</i>	3rd Sunday after Pentecost: All Saints of N. America	
	<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
	<i>3rd Resurrectional Matins Gospel:</i> Mark §71 (16:9-20)	
	Rom. §88 (5:1-10)	Matt. §18 (6:22-33)
	Heb. §330 (11:33-12:2a)	Mt §10 (4:25-5:12a)

NAMEDAYS, BIRTHDAYS & ANNIVERSARIES

LAST WEEK

Birthdays – 7th: Oleg Kostin; 10th: Gabriel O'Brien; 13th: Michael Golikov.

Baptism Anniversaries – 7th: Sbdcn Daniel Lieuwen (1993).

THIS WEEK

Namedays – 14th: (St Justin Martyr): Justin Whitacre; 18th: (St Igor of Chernigov): Igor Artemov.

Birthdays – 17th: Timothy Morrow; 18th: James Whitacre; 20th: Reader Nicolas Schidlovsky, Katharine Markevich.

Baptism Anniversaries – 16th: Cliff Paul Brangwynne (2007).

Wedding Anniversaries – 17th: Rdr Philip & Jennifer Mary Hotz (1989).

THE REST OF JUNE

Birthdays – 23rd: Joanna Kostin; 24th: Gabrielle Komleski.

THIS WEEK'S ANNOUNCEMENTS

We bid farewell today to Neda Cvijetic, who has been a parishioner here at St Elizabeth's Church for several years. She begins an exciting new job in California soon. We have been blessed to have Neda with us for so long, but are sad to be parted from her. We wish Neda Godspeed and ask God to bless her in her new life in California.

The Parish Council meets today (the 2nd of the month) during coffee hour. All parish council members are asked to attend.

We are in the midst of the Apostles Fast, which began on the Monday after All Saints' Sunday and continues until the Feast of Saints Peter and Paul on 12 July (n.s). We eat no animal products (meat, meat products, eggs, and dairy products) throughout the forty days. The general rules for this period are as follows: Mondays, Wednesdays, and Fridays are normal fast days; on Tuesdays and Thursdays, wine and oil are permitted; and on Saturdays and Sundays we may eat fish, wine, and oil. But since greater Saints' Days frequently brings a further mitigation of the fast from the general rules, it is important to consult an annual Orthodox calendar to find the correct fasting regimen for a particular weekday.

St Seraphim's Orthodox Summer Camp, will have its 20th annual camp during the week of 2 - 9 August 2015. The camp, located in Pennsylvania's Pocono Mountains, is open to children from the third grade until 18 years old. The camp was begun with the blessing and encouragement of the ever-memorable Metropolitan Laurus and continues to be one of the major activities for youth in the Russian Church Abroad. Children attend from all over America, Canada and other countries. Each day is filled with activities. The day begins with Morning Prayers and The Law of God. A number of priests (including our own Fr David) volunteer their week to be with the children and make themselves available for spiritual needs. Each day sees a wide variety of sporting activities, arts and crafts, hiking, swimming and water sports. The evenings are filled with activities and bonfires. Lastly, Evening Prayers are said together. Abundant adult supervision is drawn from parents and church representatives. The cost of the camp is \$275 until 1 July, after which it increases to \$325. Scholarships are available as well. All information is to be found on the camp website. For online registration, go to www.stseraphimcamp.com. If you have questions, please email the Camp Director, Archpriest Alexis Duncan, at info@stseraphimcamp.com, or call (518) 925-9165 or (518) 577-5432.

The Summer Youth Program at Holy Trinity Monastery was established to expose our young men to the rich spiritual heritage and legacy of the Russian Orthodox Church Abroad. Its objectives are to nurture the development of the young men in the areas of spiritual discipline, steadfastness and sobriety through a structured program of participation in the monastic community. The dates for the 2015 Program are Sunday, 21 June to Saturday, 11 July. The age range for participants is 15 to 18 years old. During this three-week period the young men will attend and

participate in the daily cycle of services and are expected to partake of the Mysteries of Holy Confession and Communion once a week. While attending meals in the monastery refectory they will listen to the daily readings of the lives of saints. There will be spiritual instruction in the Law of God on a daily basis and the young men will work alongside the monastics in their various daily obediences: tending the monastery's cemetery, working in the vegetable garden, caring for the chickens and goats, cooking for the brotherhood, helping with various construction and repair projects, etc. They will also have the opportunity to enjoy summer recreational activities such as sports, swimming, hiking, fishing, campfires, and field trips. The fee for the Program is \$250 plus a fully refundable \$150 security deposit. For more detailed information on applying to the Program visit: http://summer.jordanville.org/sign_up.html

THE APOSTLES' FAST

The Apostles' Fast begins on the Monday after Sunday of All Saints and lasts until the Feast of the holy Apostles Peter and Paul (29 June / 12 July). The Fast varies in length according to the date of Holy Pascha. By increased prayer, fasting, and almsgiving we prepare ourselves during the Fast to celebrate with joy the Feast of the holy Apostles. This Lent also enables us to restore somewhat the spiritual sobriety that perhaps diminished during the feasting of Paschaltide and Pentecost Week.

Russian and Greek practice differ slightly in the mitigation of fasting on certain days during the Nativity and Apostles' Fasts. We give here the usual Russian Rules of fasting during the Fast of the Holy Apostles:

We fast on *Mondays, Wednesdays, and Fridays* during the Saints Peter and Paul Lent as we should on other Wednesdays and Fridays of the year. We reduce the quantity of food we eat by taking small portions at meals and abstaining from all food between meals. The practice of the early Christians was to eat only one meal on a fast day and we would do well to imitate them. When we do eat, we reduce the quality of the food eaten by abstaining from meat, meat products, eggs, dairy products, fish, wine, and oil.

On the *Tuesdays and Thursdays* during this Lenten period, our fasting is less strenuous. We abstain from meat and other animal products, but wine and oil are permitted.

Because the occurrence of greater Saints' Days frequently brings a further mitigation of the fast from the general rules specified above, it is important to consult an annual Orthodox calendar to find the correct fasting regimen for a particular weekday.

On *Saturdays and Sundays* of the Apostles' Fast, fasting is further relaxed. Orthodox Christians eat no meat or other animal products on these days, but fish, wine, and oil are allowed.