

# THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

## WEEKLY BULLETIN

Volume XVI

Number 38

**25 May / 7 June 2015**  
**FIRST SUNDAY AFTER PENTECOST**  
**Sunday of All Saints**

### THIS WEEK AT ST ELIZABETH'S

**1st SUNDAY after PENTECOST: All Saints**

*Saturday, 6 June (24 May, o.s.)*

6:00 PM Vigil Service;  
Confessions

*Sunday, 7 June (25 May, o.s.)*

9:10 AM Third and Sixth Hours  
9:30 AM Divine Liturgy;  
Trapeza (coffee hour)

**2nd SUNDAY after PENTECOST: All Saints of Russia**

*Saturday, 13 June (31 May, o.s.)*

6:00 PM Vigil Service;  
Confessions

*Sunday, 14 June (1 June, o.s.)*

9:10 AM Third and Sixth Hours  
9:30 AM Divine Liturgy;  
Trapeza (coffee hour)

### FASTING DAYS IN JUNE

Day of Week	Date	Commemoration and Type of Fast
<i>Monday</i>	8 June (26 May, o.s.)	Apostle Carpus of the Seventy Normal Fast Day ( <i>No oil</i> )
<i>Tuesday</i>	9 June (27 May, o.s.)	Hieromartyr Therapontus of Sardis Fast: wine, & oil permitted
<i>Wednesday</i>	10 June (28 May, o.s.)	St Nicetas of Chalcedon Normal Fast Day ( <i>No oil</i> )
<i>Thursday</i>	11 June (29 May, o.s.)	Virgin-martyr Theodosia of Tyre Fast: wine, & oil permitted
<i>Friday</i>	12 June (30 May, o.s.)	St Isaac of Constantinople Normal Fast Day ( <i>No oil</i> )
<i>Saturday</i>	13 June (31 May, o.s.)	Apostle Hermas of the Seventy Fast: fish, wine, & oil permitted
<i>Sunday</i>	14 June (1 June, o.s.)	St Justin the Philosopher Fast: fish, wine, & oil permitted

### NAMEDAYS, BIRTHDAYS & ANNIVERSARIES

#### LAST WEEK

**Namedays** – 3rd (St Helena): Leana Brangwynne, Elena Golikov, Elena Kostin, Elena Kasimova (Vishnyakova).

**Birthdays** – 2nd: Tanya (Tatyana) Morrow.

#### THIS WEEK

**Birthdays** – 7th: Oleg Kostin; 10th: Gabriel O'Brien; 13th: Michael Golikov.

**Baptism Anniversaries** – 7th: Sbdcn Daniel Lieuwen (1993).

#### THE REAST OF JUNE

**Namedays** – 14th: (St Justin Martyr): Justin Whitacre; 18th: (St Igor of Chernigov): Igor Artemov.

**Birthdays** – 17th: Timothy Morrow; 18th: James Whitacre; 20th: Reader Nicolas Schidlovsky, Katharine Markevich; 23rd: Joanna Kostin; 24th: Gabrielle Komleski.

**Baptism Anniversaries** – 16th: Cliff Paul Brangwynne (2007).

**Wedding Anniversaries** – 17th: Rdr Philip & Jennifer Mary Hotz (1989).

### SCRIPTURE READINGS THIS WEEK

<i>Su</i>	<b>1st Sunday after Pentecost: Sunday of All Saints</b>	
	<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
	<i>1st Resurrectional Matins Gospel:</i> Matt. §116 [28:16-20]	
	Heb. §330 (11:33-12:2a)	Matt. §38 (10:32-33, 37-38; 19:27-30)
<b>2ND WEEK after PENTECOST</b>		
<i>M</i>	Rom. §83 (2:28-3:18)	Mt §19 (6:31-34;7:9-11)
<i>Tu</i>	Rom. §86 (4:4-12)	Matt. §22 (7:15-21)
<i>W</i>	Rom. §87 (4:13-25)	Matt. §23 (7:21-23)
<i>Th</i>	Rom. §89 (5:10-16)	Matt. §27 (8:23-27)
<i>F</i>	Rom. §90 (5:17-6:2)	Matt. §31 (9:14-17)
<i>Sa</i>	Rom. §84 (3:19-26)	Matt. §20 (7:1-8)
<i>Su</i>	<b>2nd Sunday after Pentecost: All Saints of Russia</b>	
	<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
	<i>2nd Resurrectional Matins Gospel:</i> Mark §70 (16:1-8)	
	Rom. §81a (2:10-16)	Matt. §9 (4:18-23)
	Heb §330 (11:33-12:2a)	Mt §10 (4:25-5:12a)

## THIS WEEK'S ANNOUNCEMENTS

**Today is the last day that John and Deb Burgess** will be with us. We have enjoyed getting to know them both during the past academic year while John was on sabbatical from teaching at the Pittsburg Theological Seminary. John and Deb have been very faithful in attending the services here at St Elizabeth's over the past year and many of us have gotten to know them at our weekly coffee hours. They will truly be missed!

**The Apostles' Fast begins tomorrow.** This Fast is also called the Fast of Ss Peter and Paul, or sometimes simply St Peter's Fast. It is the only one of the four Fasting periods that is variable in length. It varies in length because, although the Fast always ends with the Feast of the Apostles Peter and Paul on 12 July (29 June, o.s.), its initial day is the Monday following All Saint's Sunday, a day that varies with the movable date of Pascha. So the Apostles' Fast can vary in length from as little as eight days to as many as forty-two days, depending on whether Pascha falls late or early. The earliest date the Fast can begin is 31 May (18 May, o.s.), when Pascha falls on 4 April (22 March, o.s.). The latest date the Fast can begin is 4 July (21 June, o.s.), when Pascha falls on 8 May (25 April, o.s.). This year the fast is on the long side: 34 days. Let's make the most of these days: increasing our prayer, almsgiving, repentance, and receiving Holy Communion while we keep the Fast.

**St Seraphim's Orthodox Summer Camp**, will have its 20th annual camp during the week of 2 - 9 August 2015. The camp, located in Pennsylvania's Pocono Mountains, is open to children from the third grade until 18 years old. The camp was begun with the blessing and encouragement of the ever-memorable Metropolitan Laurus and continues to be one of the major activities for youth in the Russian Church Abroad. Children attend from all over America, Canada and other countries. Each day is filled with activities. The day begins with Morning Prayers and The Law of God. A number of priests (including our own Fr David) volunteer their week to be with the children and make themselves available for spiritual needs. Each day sees a wide variety of sporting activities, arts and crafts, hiking, swimming and water sports. The evenings are filled with activities and bonfires. Lastly, Evening Prayers are said together. Abundant adult supervision is drawn from parents and church representatives. The cost of the camp is \$275 until 1 July, after which it increases to \$325. Scholarships are available as well. All information is to be found on the camp website. For online registration, go to [www.stseraphimcamp.com](http://www.stseraphimcamp.com). If you have questions, please email the Camp Director, Archpriest Alexis Duncan, at [info@stseraphimcamp.com](mailto:info@stseraphimcamp.com), or call (518) 925-9165 or (518) 577-5432.

**The Summer Youth Program** at Holy Trinity Monastery was established to expose our young men to the rich spiritual heritage and legacy of the Russian Orthodox Church Abroad. Its objectives are to nurture the development of the young men in the areas of spiritual discipline, steadfastness and sobriety through a structured program of participation in the monastic community. The

dates for the 2015 Program are Sunday, 21 June to Saturday, 11 July. The age range for participants is 15 to 18 years old. During this three-week period the young men will attend and participate in the daily cycle of services and are expected to partake of the Mysteries of Holy Confession and Communion once a week. While attending meals in the monastery refectory they will listen to the daily readings of the lives of saints. There will be spiritual instruction in the Law of God on a daily basis and the young men will work alongside the monastics in their various daily obediences: tending the monastery's cemetery, working in the vegetable garden, caring for the chickens and goats, cooking for the brotherhood, helping with various construction and repair projects, etc. They will also have the opportunity to enjoy summer recreational activities such as sports, swimming, hiking, fishing, campfires, and field trips. The fee for the Program is \$250 plus a fully refundable \$150 security deposit. For more detailed information on applying to the Program visit: [http://summer.jordanville.org/sign\\_up.html](http://summer.jordanville.org/sign_up.html)

### THE APOSTLES' FAST

**The Apostles' Fast** begins on the Monday after Sunday of All Saints and lasts until the Feast of the holy Apostles Peter and Paul (29 June / 12 July). The Fast varies in length according to the date of Holy Pascha. By increased prayer, fasting, and almsgiving we prepare ourselves during the Fast to celebrate with joy the Feast of the holy Apostles. This Lent also enables us to restore somewhat the spiritual sobriety that perhaps diminished during the feasting of Paschaltide and Pentecost Week.

Russian and Greek practice differ slightly in the mitigation of fasting on certain days during the Nativity and Apostles' Fasts. We give here the usual Russian Rules of fasting during the Fast of the Holy Apostles:

We fast on *Mondays, Wednesdays, and Fridays* during the Saints Peter and Paul Lent as we should on other Wednesdays and Fridays of the year. We reduce the quantity of food we eat by taking small portions at meals and abstaining from all food between meals. The practice of the early Christians was to eat only one meal on a fast day and we would do well to imitate them. When we do eat, we reduce the quality of the food eaten by abstaining from meat, meat products, eggs, dairy products, fish, wine, and oil.

On the *Tuesdays and Thursdays* during this Lenten period, our fasting is less strenuous. We abstain from meat and other animal products, but wine and oil are permitted.

Because the occurrence of greater Saints' Days frequently brings a further mitigation of the fast from the general rules specified above, it is important to consult an annual Orthodox calendar to find the correct fasting regimen for a particular weekday.

On *Saturdays and Sundays* of the Apostles' Fast, fasting is further relaxed. Orthodox Christians eat no meat or other animal products on these days, but fish, wine, and oil are allowed.