

THE ORTHODOX CHURCH OF SAINT ELIZABETH THE NEW-MARTYR

Volume XVII

Number 41

13 / 26 June 2016
FIRST SUNDAY AFTER PENTECOST
Sunday of All Saints (Tone 8)

SERVICES THIS WEEK

1ST SUNDAY AFTER PENTECOST All Saints

Saturday, 25 June (12 June, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 28 June (13 June, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Coffee Hour

ST JOHN OF SHANGHAI & SAN FRANCISCO

Friday, 1 July (18 June, o.s.)

6:00 PM Vigil Service;
Confessions

Saturday, 2 July (19 June, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy

1ST SUNDAY AFTER PENTECOST All Saints

Saturday, 2 July (19 June, o.s.)

6:00 PM Vigil Service;
Confessions

Sunday, 3 July (20 June, o.s.)

9:10 AM Third and Sixth Hours
9:30 AM Divine Liturgy;
Coffee Hour
12:30 PM Adult Study

FASTING DAYS THIS WEEK

Day of Week	Date	Commemoration and Type of Fast
<i>Monday</i>	27 June (14 June, o.s.)	Prophet Elisha; St Methodius
		Normal Fast Day (<i>No oil</i>)
<i>Tuesday</i>	28 June (15 June, o.s.)	St Jonah of Moscow
		Fast: fish, wine, & oil permitted
<i>Wednesday</i>	29 June (16 June, o.s.)	St Tychon of Amathus
		Normal Fast Day (<i>No oil</i>)
<i>Thursday</i>	30 June (17 June, o.s.)	Martyrs Manuel Sabel, & Ismael
		Fast: wine, & oil permitted
<i>Friday</i>	1 July (18 June, o.s.)	Martyr Leontius
		Normal Fast Day (<i>No oil</i>)
<i>Saturday</i>	2 July (19 June, o.s.)	Apostle Jude; St John of Shanghai
		Fast: fish, wine, & oil permitted
<i>Sunday</i>	3 July (20 June, o.s.)	Hieromartyr Methodius
		Fast: fish, wine, & oil permitted

SCRIPTURE READINGS THIS WEEK

<i>Su</i>	1st Sunday after Pentecost: Sunday of All Saints	
	<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
	<i>1st Resurrectional Matins Gospel:</i> Matt. §116 [28:16-20] Heb. §330 (11:33-12:2a) Matt. §38 (10:32-33, 37-38; 19:27-30)	
2ND WEEK after PENTECOST		
<i>M</i>	Rom. §83 (2:28-3:18)	Mt §19 (6:31-34;7:9-11)
<i>Tu</i>	Rom. §86 (4:4-12)	Matt. §22 (7:15-21)
<i>W</i>	Rom. §87 (4:13-25)	Matt. §23 (7:21-23)
<i>Th</i>	Rom. §89 (5:10-16)	Matt. §27 (8:23-27)
<i>F</i>	Rom. §90 (5:17-6:2)	Matt. §31 (9:14-17)
<i>Sa</i>	Rom. §84 (3:19-26)	Matt. §20 (7:1-8)
<i>Su</i>	2nd Sunday after Pentecost: All Saints of Russia	
	<i>Vespers Paramia:</i> (1) Isaiah 43:9-14a • (2) Wisdom 3:1-9 • (3) Wisdom 5:15-6:3	
	<i>2nd Resurrectional Matins Gospel:</i> Mark §70 (16:1-8)	
	Rom. §81a (2:10-16)	Matt. §9 (4:18-23)
	Heb §330 (11:33-12:2a)	Mt §10 (4:25-5:12a)

NAMEDAYS, BIRTHDAYS & ANNIVERSARIES

LAST WEEK

Namedays – 25th: (St Anna of Kashin): Anna Morin-Szydowski

Birthdays – 20th: Reader Nicolas Schidlovsky, Katharine Markevich; 22nd: Sergey Efuni, Jr., Evgeny Efuni; 23rd: Joanna Kostin; 24th: Gabrielle Komleski.

THIS WEEK

Namedays – 2nd (St John of San Francisco): Joanna Kostin, Johan Mladineo.

Birthdays – 2nd: Igor Artemov, Deacon Stephanos Bibas, Audrey Elizabeth Brangwynne; Matushka Faith Straut.

THE REST OF JULY

Namedays – 3rd (Martyr Inna): Inna Yanovsky; 12th (Apostle Peter): Peter Macko; 12th (Apostle Paul): Cliff Paul Brangwynne, Paul Schidlovsky; 14th (St Angelina of Serbia): Angelina Schidlovsky; 17th: (New Martyr Olga): Olga Chemodakov; 18th (St Elizabeth the New-Martyr): Elizabeth Bibas; Elizabeth Maxey; 19th (St Julianna of Olshansk): Julianna Yanovsky; 24th (St Olga): Olga Welsh; 25th (St Veronica): Veronica Whitacre; 26th (Archangel Gabriel): Gabriel O'Brien; 28th (St Vladimir):

Vladimir Yanovsky; 29th (Martyr Valentina): Valentina Babitsch, Valentina Golikova; 30th (Great-Martyr Marina): Marina Kamensky (Golikova).

Birthdays – 4th: Elizabeth Maxey; 8th: Nicolas Straut, Gregory Welsh; 9th: Viktor Skuratovskiy; 11th: Father David Straut; 15th: Veronica Whitacre; 22nd: Juliana Bibas; 24th: Julianna Yanovsky; 28th: Vladimir Yanovsky; 29th: Jennifer Mary Hotz.

Wedding Anniversaries – 8th: Dcn Seraphim & Mat. Anna Gail Komleski (1989); 9th: Dcn Steven Barker & Mat. Nancy Hannah Barker; 22nd: Cliff & Sarah Brangwynne (2007).

Ordination Anniversaries – 13th: Father David Straut (Holy Priesthood, 1986); 18th: Dcn Seraphim Komleski (Holy Diaconate, 2011); Sbdcn Daniel Lieuwen (Subdiaconate, 2014).

Fallen Asleep in the Lord – 18th: Barbara Tutolo (+2005).

THIS WEEK'S ANNOUNCEMENTS

The Apostles' Fast begins tomorrow. This Fast is also called the Fast of Ss Peter and Paul, or sometimes simply St Peter's Fast. It is the only one of the four Fasting periods that is variable in length. It varies in length because, although the Fast always ends with the Feast of the Apostles Peter and Paul on 12 July (29 June, o.s.), it's initial day is the Monday following All Saint's Sunday, a day that varies with the movable date of Pascha. So the Apostles' Fast can vary in length from as little as eight days to as many as forty-two days, depending on whether Pascha falls late or early. The earliest date the Fast can begin is 31 May (18 May, o.s.), when Pascha falls on 4 April (22 March, o.s). The latest date the Fast can begin is 4 July (21 June, o.s.), when Pascha falls on 8 May (25 April, o.s.).

St Seraphim's Orthodox Summer Camp, will have its 20th annual camp during the week of 31 July - 7 August 2016. The camp, located in Pennsylvania's Pocono Mountains, is open to children from the third grade until 18 years old. The camp was begun with the blessing and encouragement of the ever-memorable Metropolitan Laurus and continues to be one of the major activities for youth in the Russian Church Abroad. Children attend from all over America, Canada and other countries. Each day is filled with activities. The day begins with Morning Prayers and The Law of God. A number of priests (including our own Fr David) volunteer their week to be with the children and make themselves available for spiritual needs. Each day sees a wide variety of sporting activities, arts and crafts, hiking, swimming and water sports. The evenings are filled with activities and bonfires. Lastly, Evening Prayers are said together. Abundant adult supervision is drawn from parents and church representatives. The cost of the camp is \$275 until

1 July, after which it increases to \$325. Scholarships are available as well. All information is to be found on the camp website. Registration is available only online at www.stseraphimcamp.com. If you have questions, please email the Camp Director, Archpriest Alexis Duncan, at info@stseraphimcamp.com, or call (518) 925-9165 or (518) 577-5432.

THE APOSTLES' FAST

The Apostles' Fast begins on the Monday after Sunday of All Saints and lasts until the Feast of the holy Apostles Peter and Paul (29 June / 12 July). The Fast varies in length according to the date of Holy Pascha. By increased prayer, fasting, and almsgiving we prepare ourselves during the Fast to celebrate with joy the Feast of the holy Apostles. This Lent also enables us to restore somewhat the spiritual sobriety that perhaps diminished during the feasting of Paschaltide and Pentecost Week.

Russian and Greek practice differ slightly in the mitigation of fasting on certain days during the Nativity and Apostles' Fasts. We give here the usual Russian Rules of fasting during the Fast of the Holy Apostles:

We fast on *Mondays, Wednesdays, and Fridays* during the Saints Peter and Paul Lent as we should on other Wednesdays and Fridays of the year. We reduce the quantity of food we eat by taking small portions at meals and abstaining from all food between meals. The practice of the early Christians was to eat only one meal on a fast day and we would do well to imitate them. When we do eat, we reduce the quality of the food eaten by abstaining from meat, meat products, eggs, dairy products, fish, wine, and oil.

On the *Tuesdays and Thursdays* during this Lenten period, our fasting is less strenuous. We abstain from meat and other animal products, but wine and oil are permitted.

Because the occurrence of greater Saints' Days frequently brings a further mitigation of the fast from the general rules specified above, it is important to consult an annual Orthodox calendar to find the correct fasting regimen for a particular weekday.

On *Saturdays and Sundays* of the Apostles' Fast, fasting is further relaxed. Orthodox Christians eat no meat or other animal products on these days, but fish, wine, and oil are allowed.